

leisureactive

Leisure Memberships for Swim & Sport Centres in Dundee

DUNDEELEISURE - in partnership with Dundee City Council offers a range of great value leisure membership packages at its swim and sports centres (Olympia, Lochee, DISC, Douglas and Lynch Sports Centres and St Paul's and Grove Swim Sport). Train and tone in the Fitness Studio and enjoy an invigorating swim - it's all included in the one price! For a small additional fee you can take advantage of adult fitness classes, including the RPM and Body Combat classes.

How do I get leisureactive?

Pick up information at any Swim/Sports Centre or Tayside House reception or visit www.leisure-active.com

OLYMPIA LOCHEE DISC DOUGLAS LYNCH ST PAUL'S GROVE



For further information please contact **01382 433524**. Please note that not all facilities are available at all centres.

GROVE PRICE LIST

Concession applies to Leisure Concession card holders

Timetable and Charges from 1 April 2010

	Standard	Concession
Swimming Pool	£3.50	£2.70
Young Scot (Aged 17 and under)	£2.20	
Young Scot (Aged 18 to 26)	£3.00	
Swimming Lessons		
Booking details at reception. Advance Payment. No refunds. Price is per lesson		
School Age (Block Booking)	£3.70	
Adult	£4.80	
Fitness Studio	£4.40	£3.40
Sports Hall (per hour)	£40.00	£28.00
Gym Hall (per hour)	£26.00	£20.00
Badminton	£10.00	£6.00
Dance Studio	£23.00	£17.00

For further information during normal opening hours please contact:

Grove Swim and Sport
Claypotts Road, Dundee DD5 1AB

Tel: 01382 436883

enquiries.dundeeleisure@dundeecity.gov.uk

HOW TO GET HERE



DUNDEE LEISURE
...working in partnership with Dundee City Council



www.dundeeleisure.co.uk

All information is correct at time of going to print
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Dundee Leisure Registered Charity • Company Number: SC298444
Company Address: 30 & 34 Reform Street, Dundee DD1 1RJ. Charity Number: SC037285

Grove

Swim and Sport



Information on Programmes
Charges and Opening Times
2010/2011

DUNDEELEISURE
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Visit Grove Swim and Sport Centre and see what is on offer.

- Enjoy a family swim
- Lane swimming for fitness
- Tone up in the Fitness Studio
- Learn to Swim
- Play Badminton
- Play 5 a side football

Dance Group? Cheerleaders? Martial arts? Grove has got it covered!

Leisure Concession Card

Are you over 60, in receipt of retirement pension or receiving benefits?

You could have access to **DUNDEELEISURE** facilities at a concession rate. Pick up a Leisure Concession Leaflet from any Swim or Sports centre, Tayside House Reception or call **01382 433524**.

OPENING TIMES

Swimming Pool - Term Time

Monday and Wednesday

6pm - 8pm	Swimming Lessons
8pm - 9pm	Public Swimming

Tuesday, Thursday and Friday

6pm - 7pm	Public Swimming
7pm - 8pm	Swimming Lessons
8pm - 9pm	Public Swimming

Swimming Pool - All Year

Saturday and Sunday

9.30am - 10.30am	Swimming Lessons (Sat only)
10.30am - 11.30am	Public Swimming
11.30am - 12.30pm	Swimming Lessons
12.30pm - 1.30pm	Public Swimming
1.30pm - 2.30pm	Swimming Lessons
2.30pm - 3.30pm	Public Swimming
3.30pm - 4.30pm	Swimming Lessons

Swimming Pool - School Holidays

11am - 6pm

The swimming pool will be open for additional hours for a programme of aquatic activities and public swimming with some special offers.

All information will be advertised within the centre and locally within schools and community locations.

For further information on the swimming lessons programme please contact the Aquatic Activity Coordinator on **01382 432332**.

Fitness Studio/Sports Hall/Gym Hall/Dance Studio - Term Time

Monday to Friday 6pm - 9pm

Fitness Studio/Sports Hall/Gym Hall/Dance Studio - All Year

Saturday	9.30am - 4.30pm
Sunday	10.30am - 4.30pm

Fitness Studio/Sports Hall/Gym Hall/Dance Studio - School Holidays

Monday to Friday 11am - 9pm

For enquiries about booking the Sports Hall, Gym Hall and Dance Studio please contact the booking office on **01382 307474**.

School Term Times - 2010/2011

Monday 19 April to Friday 2 July
Wednesday 18 August to Friday 1 October
Monday 18 October to Wednesday 22 December
Thursday 6 January to Friday 1 April 2011

School Holidays - 2010/2011

Friday 2 April to Friday 16 April
Monday 5 July to Tuesday 17 August
Monday 4 October to Friday 15 October
Thursday 23 December to Wednesday 5 January 2011